

# **2025 Summer Retreat to Creative Passions**

June 27 – 29, 2025 Early arrival – Thursday, June 26 8pm

## **Group Contacts:**

Lynne Bryant: 313-885-2174 Roberta Myyra: 734-417-5174

For pictures and more information on Creative Passions Retreat Center: https://www.creativepassionsllc.com

#### **Cost and Dates**

The cost is \$165 for the morning of Friday, June 27 to Sunday, June 29, 2025 at 3:00pm.

You can plan your arrival for Thursday, June 26, at 8:00pm for an additional \$30. If you use this option, the retreat center provides local teens to carry in your equipment, food, and personal items. This is a great option as it gets you ready to start early Friday morning with all your equipment in place.

A deposit of \$85 is due March 31, 2025 The final payment is due May 31.

#### **Accommodations**

There are two Retreat Areas. We will fill the 24 person area first. The Second Area is just down the hall and will accommodate 16 People

It has the same amenities.

There are 2 restrooms on the lower level so you won't have to climb the stairs to your room 5 times a day.

Both groups will share the large kitchen and Dining Area

Most of the bedrooms have four beds. If you have mobility issues, use a CPAP machine or have any special issues
PLEASE register ASAP with Creative Passions and call Lynne Bryant.

Note: The ground floor rooms will be given as they are available. One of the lower level bedrooms sleeps six people although it is very roomy.

## What does Creative Passions Supply?

- •Your own workstation with a comfortable chair and lamp
- •Attached bathroom, with shampoo, conditioner, shower gel, 3 bath towels and 3 washcloths per person
- Bedding, blankets, pillows, and coffee
- •Cable TV with DVD player, wireless internet
- •A Continental Breakfast each morning
- A nearby Quilt Shop
- •An Outdoor Patio

#### What do you need to bring?

You should bring your own irons, ironing board or mat, cutting mats, cutters and rulers and bottled water.

#### Food

A continental breakfast is provided by Creative Passions (orange juice, cereals, bagels, coffee). Some of us bring things to add to that selection such as fruit, baked good, and healthier bread choices. We will organize lunch and dinner for those who don't bring their own meals for a nominal cost and volunteer kitchen work.

We will organize lunch and dinner on a potluck app - https://www.perfectpotluck.com

- Roberta will send a link to this app to attendees in the Spring. Participants will be able to see what other people are bringing and add to the menu.
- There is a section for participants to post any food allergies. Persons with significant food allergies or who may be on special diets may choose to bring their own food.
- Folks who think that cooking at a retreat is the last thing they want to do may sign up for dishwasher loading/unloading.

Another option is to check out the restaurants in the area. Menus are available at the retreat center if you would rather go out or arrange for take-away.

There is an entire separate bar/kitchen area for snacks and drinks that is also available all day. BYO or bring snacks and drinks to share.

Persons with food allergies may bring their own food. There is an entire separate bar/kitchen area for snacks and drinks that is also available all day. BYO or bring snacks and drinks to share.

### **Additional Indulgences**

There will be a *licensed* <u>Massage Therapist</u> available for therapeutic and relaxation techniques. The cost is 45 minutes for \$55, one hour for \$70 and 90 minutes for \$100.

There is also a **Reiki/Cranial Sacral Practitioner** available for the same costs.

A Massage Facial is also available to remove toxins and hydrate the skin for \$55 for a 50 - 55 minute treatment.

Please schedule these services 3 weeks ahead of your retreat. Contact Hallie Byron at <a href="massagescp@gmail.com">massagescp@gmail.com</a> or 989-992-7359

The costs listed are from 2024 and may be subject to change.

### Manicures/ Pedicures from Licensed Nail Techicians:

- •A 45 60 minute **Mini-Pedicure** is available for \$30
- •A 60 75 minute **Spa Pedicure** for \$40
- •A 30 45 minute Mini-Manicure is available for \$30
- •A 45 60 minute **Spa Manicure** is \$40\*

The costs listed are from 2024 and may be subject to change.

Please schedule these service 3 weeks ahead of your retreat by contacting Dana Fowler <a href="mailto:pedicurescp@gmail.com">pedicurescp@gmail.com</a> 989-529-3435

<sup>\*</sup> You must remove shellac from your nails prior to your arrival or the technician can work over it.